

The Scots School
Bathurst
and
Lithgow

The Highlander



A Work of the Presbyterian Church in NSW

4 November 2013

In this issue . . .

**Bushfire Appeal
Fundraiser Update
(see Headmaster's
column on page 2)**

**Please order your
fundraiser Calendar
now!**

**Pavillion
CommitteeMtg is
tomorrow at 5:30
pm in the Library**

**P&F Meeting is
changed to
November 26th at
5:30 pm**

To Ponder . . .

*Go to the ant, you sluggard!
Consider her ways and be wise,
Which, having no captain,
Overseer or ruler,
Provides her supplies in the summer,
And gathers her food in the harvest.*

*How long will you slumber, O
sluggard?
When will you rise from your sleep?
A little sleep, a little slumber,
A little folding of the hands to sleep*

—
*So shall your poverty come on you
like a robber,
And your need like an armed man.*

... Proverbs 6:6-11(NKJV)

After reading this in high school I choose to memorise it. Then in my temptation to waste productive time this text would be recalled to mind. As you can imagine, this was not a rare event!

For those of us who are not intrinsically driven we occasionally need a reminder as to why being gainfully occupied is important.

. . . Chaplain

OFFICE HOURS ARE

8:00AM – 4:30PM - DURING TERM TIME

9:00AM – 4:00PM - DURING HOLIDAYS

The Parents and Friends Association invites
Scots families and staff to

Drinks & Nibbles in the Quadrangle

to thank

Ross Andrew and Michael Ireland

for their distinguished service with the P&F

Tuesday November 19th

6:00 – 8:00pm

BYO drinks & glass

Nibbles will be provided

\$5.00 per head (pay on the night)

RSVP Sunday 17/11/2013 (for catering purposes)
to Liz Lennon - lennojoh7@bigpond.com



From the Headmaster . . .

The Scots School Bush Fire Appeal enters its final week with monies raised to be presented to Presbyterian Social Services next week. I am very grateful to Genevieve Spence for the effort to raise money through the P & F and to Mr Dawes and Sophie Ireland for their leadership of the students' effort to raise funds. Each Friday for three weeks a cake stall and or sausage sizzle has been conducted at school as a means of raising money. The Senior School ran the first week, the Junior School provided the cakes last week and the Pre-Kindergarten will provide the cakes this week. I encourage everyone to get behind the Cake Stall on Friday to raise more funds.

So far \$4,200 has been raised for this worthwhile cause. If you would like to donate money through the P & F Bush Fire Appeal, you may do so through Direct Deposit as follows:

The Scots School P & F Account

BSB: 032 814

Account: 269 144

Description: Bush Fire Appeal

Years 7 – 10 have their end of year examinations at the end of this week and early the next week and Junior School students also have Assessment Week. There is a real sense that the academic year is drawing to a close; it is important that all students approach these examinations and tasks as significant learning opportunities. I expect students to keep focused to the end in the class room even as they prepare for important end of year occasions such as the Year 6 Graduation Dinner, Year 10 Big Day Out, Ceremonial Parade, Carol Service and Speech Day. Year 10 will be mixing in some leadership development in the form of a First Aid Certificate and Peer Support Training over the next few weeks too.

The HSC is rapidly drawing to a conclusion for Year 12 with some students finished and others doing their final HSC Examinations in the next few days. I have really enjoyed the Exit Interviews with Year 12 following their last examination to reflect on the exams and their time at the school. They have been very positive and comfortable with their preparation and performance over the last few weeks. I will be meeting with the rest of the Year 12 cohort this week. I have been very impressed with the level of maturity and the genuine gratitude expressed at these interviews. The purpose of the students formally meeting with me is for me to say thank you to them for their contribution to Scots. It also allows them to reflect on the personal highlights and benefits of Scots and to discuss their immediate and longer term plans for work, travel and study. Their reflections have been very worthwhile and valuable to me.

The Blue, Black and Gold Ball is on this Saturday night. This is a fabulous event for the whole school community; I hope you have arranged a table. I especially wish to acknowledge the work of the Ball Coordinator, Mrs Belinda Boshier, and those who have kindly offered her assistance, to make this wonderful whole school occasion possible. For the Year 12 students, it is the first time they are at a School event officially as Old Boys and Girls of the School even though they received their tie and pin at the Valedictory Dinner last term. They will be individually presented early in the evening to acknowledge their transition from student to Old Boy or Girl.

Have a good week...

David Gates

English Department News

Congratulations to the following students who have achieved awards in the 2013 English English, Spelling and Writing Competitions. Certificates are being returned to all students who participated.

Spelling Competition

Year 7

Elizabeth Balzke – Credit
Maxwell Semmens – Credit

Writing Competition

Year 7

Elizabeth Balzke – Credit
Ben Dickenson – Credit

Year 9

Patrick Harris – Credit
Benjamin McGrath – Credit
Nastasia Reynolds – Credit

Year 10

Chelsea McKay – Credit

English Competition

Year 7

Maxwell Semmens – Distinction
Jaime Balzke - Distinction
Elizabeth Balzke – Credit
Jessica Rodham – Credit

Year 8

Gwenllian Towart – Distinction

Year 10

Zoe Behrendt – Credit
Jonathan Gates – Credit
Rachel Hibbins – Credit

English Extension 2 Study Day

It was a real privilege to travel to Orange with Meredith Spence and Lucy Blackmore on Friday for an English Extension 2 study day presented by the Board of Studies and the State Library of NSW. Students from all over the central west and as far afield as Leeton and Albury participated in the day.

Extension 2 is the highest level of study in English for the HSC. It requires a major work of significant and sustained composition in the student's choice of medium (short story, poetry, film etc.) that is constructed over the HSC year.

The study day was an excellent opportunity to participate in discussion, refine ideas for major works and hear from experienced Extension 2 teachers and markers on the way to approach the course, major work and reflection statement.

Staff from the State Library also showed the students ways to access excellent resources that are available through the Library to all residents of NSW with particular emphasis on literary journals and analysis.

Lucy and Meredith came away feeling inspired and with lots of fantastic ideas for their major works for next years HSC.

Mr A Lee

Could you volunteer some time to support the P&F provide a valuable service to all parents? We would like to hear from any parents or grandparents willing to coordinate our

Clothing Pool

Contact: Genevieve Spence (0400 446 219)



Sport and Recreation are holding the Central West Winter Sporting Spirit Volunteer Award to recognise the effort of volunteers in the sporting community. Volunteers are the lifeblood of grassroots sports and we invite you to nominate a worthy candidate.

In 100 words or less tell us how your volunteer is a stand-out. Examples might be the extensive time they dedicate to the club, the positive attitude they bring to the sporting arena, being a positive role model for younger club members.

Download nomination forms from the Sport and Recreation website <http://www.dsr.nsw.gov.au/volunteeraward/index.asp> or call 6362 6623.

Nominations close Friday 8th November 2013.

Parents & Friends Association

- **Pavilion Project Committee** will meet tomorrow evening

Tuesday November 5th @ 5:30pm in the Library

All welcome. Come with your ideas to help us make this project happen!

- **Next P&F meeting**

A change to the date is necessary to avoid a clash with Yr 6 graduation.

New date: Tuesday November 26th @ 5:30pm in the Library

This meeting will focus on:

2014 Highland Gathering

The Pavilion

Everyone is welcome.

Sneak Peek of The Scots School Community Calendar 2014

This Calendar filled with photos of TSS students and key events listed for 2014. It will be available for pick up on Speech day, Friday, 6th December 2014.

If pre-ordered the cost is \$25

or

on the day \$30

To assist with the number of calendars the Committee need to have printed could you please Pre-order.

To Pre-order your Calendar and direct debit information please email

kylie.bowles@gwahs.health.nsw.gov.au.

or

Rosanne Standfield

barcheka@harboursat.com.au

Pre orders close on 8th
November 2013

Order now, to avoid
disappointment.





The Scots School, Bathurst & Lithgow
Blue Black & Gold Ball

Bathurst Memorial Entertainment Centre
 Saturday, 9 November 2013, 6.30pm

BOOKING FORM

Thank you for your interest in securing tickets. If you are booking for a group of friends and tables/groups should have an ideal number of 10 maximum, although 12 is possible as an absolute maximum. If you are just booking one or two seats, then please fill out the form below regardless. Should you have any queries, please do not hesitate to contact Belinda Boshier on 0409 158085 or email belindlee.bb@gmail.com

u			
u			
u			
u address			
No. of tickets required <i>in total</i>		Payment Method	Cheque Direct Deposit
Names of all the people in the group. Note that tables/groups should have an ideal number of 10 maximum, although 12 is possible as an absolute maximum. <i>* Please note specific dietary requirements (such as nut allergies or vegetarian) next to the</i>			

Booking conditions & arrangements;
 ■ Once payment for all members of the above group have been received, all tickets will be posted to the table coordinator
 ■ Payments (\$85 per person) can be made either by *cheque made payable to the Scots School P & F Association* (these can be posted to the school or dropped to reception), or via direct deposit to The Scots School P&F Association (Westpac), BSB 032814, ACC 269144.
 ■ **Please reference your deposits with your surname!**

Please return this form either by post to:
 Belinda Boshier c/- The Scots School, Bathurst NSW 2781
 or email it back to me via belindlee.bb@gmail.com

Junior School News . . .

Kindergarten Orientation

On Wednesday we welcomed new students coming into Kindergarten in 2014. Mrs White and our new GAP student Cordelia worked with the children in the classroom and it wasn't long before they had settled in and enjoyed a range of activities in the classroom. They spent time with their buddies in the playground and loved shared reading time after lunch under the shade of the trees. The orientation will continue this week. We all enjoyed afternoon tea with parents before the children joined us with lots of exciting news about their day and things to take home to share.

Music Assembly

The program is now being finalised for the Music Assembly on Friday at 9am in the Performing Arts Centre. It should be an entertaining morning showcasing the talented children at the school and the hard work of the peripatetic teachers who work with the children throughout the year. Parents are invited to attend the assembly.

Assessment Week

All children from Kindergarten to Year 6 will be involved in assessment tasks this week. Absence should be avoided if at all possible and children should come to school well rested and with plenty of healthy food and water to drink.



Bushfire Appeal

Thank you to all families who sent along cakes and slices to sell at the cake stall on Friday and for supporting the lunch time barbecue. All funds raised will go towards supporting families in need after the tragic bush fires in the Blue Mountains.

Hats

Parents are asked to remind children to pack their hats each day and apply sunscreen before school. Children without hats will be required to sit in the shade under the verandah during recess and lunch.

Long Service Leave

I will be on leave until Thursday 21st November. Mrs White and Mrs Inglis will assume this role during my absence. Mrs Melinda Mann will teach Stage 3 and Miss Kate Holden will take classes during release from face to face teaching time on Wednesday each week.

Congratulations . . .

Matilda Fitzgerald (Year 1) participated in a highland dancing competition, Sunday at Castle Hill Show Grounds for the NSW Highland Dancing Championships. She danced fantastically and came away with a 1st in the lilt, 2nd in the swords and a third in the fling in the 7-9 age division.

As you would imagine, her parents are very proud of her not only because of the placings in such a high quality event but it was also her first competition. Well done Tilly - we are all proud of your success!



Pre-Kindergarten

Pre-Kindergarten Highlander Term 4 - Week 3

Learning Program- This term we are exploring the theme of “Space”. Our sound focus this week will cover “y”. We are coming to the end of our sounds program after all of our learning throughout the year. This week for morning craft you can expect to see some yachts, yo-yos, yowies, yaks and a yellow collage.

We will continue assessment work with all of our students to compile work samples for the end of year reports.

Hats- It is our School Policy for the students in Pre-Kindergarten to wear hats in both Terms 1 and 4 of the School year. So please ensure that your child comes to school each day with a clearly labeled hat.

Orientation Program- Mrs White had a fantastic day with her 2014 Kindergarten students last Wednesday. It was a busy and exciting day for all, including our ‘buddies’ from the stage 2 classes who helped our students in all the new routines. The Kindergarten students will have their next session this Wednesday. Pre-Kindergarten will welcome their new students during weeks 5 and 6.

Healthy Lunch Boxes- Coming into the warmer months it would be great to see lots of healthy choices in the children’s lunch boxes. Fruit, yoghurt, vegetable sticks, cheese and crackers and other options are fantastic to keep energy levels high. We also ask that spoons are put in your child’s lunch box if they have yoghurt, fruit tubs etc as we do not have a constant supply.

Ice Blocks- For the duration of term 4 students are able to buy water ice blocks on Mondays, Wednesdays and Fridays at lunchtime for 50 cents.

NSW Bushfire Fundraiser- This Friday we are asking all of our Pre-Kindergarten families to get busy in the kitchen and bake some tasty treats for us to sell. Cup cakes, cookies, slice or any other sweets would be greatly appreciated. All of the money raised will be sent directly to those families in need from the Bushfire disaster. These will be sold throughout the whole school over morning tea on Friday.

Charles Sturt University Performance- Last Friday, 1st November Pre-Kindergarten along with the Junior School watched a performance written and directed by university students about “Fairy tales”. The students thoroughly enjoyed this morning of high energy performing and were even asked to get involved with the storyline.

School Hours- Just a reminder that our operating hours in Pre-Kindergarten are 8.30am-5.00pm. After school care pick up time is **5.00pm**. We would appreciate a courtesy call if any parent may be running late. Thank you!

Town Library Visit- The Blue class will visit the Bathurst City Library this Thursday. Travel will be via the school bus and the students will be away from school from 10.30-12pm.

Milo Kanga Cricket- The Milo cricket program has started for Term 4. We have had a wonderful response and look forward to a great four weeks of skills. Children are reminded to bring their school hats and a drink for these sessions as it can be very hot!

School Uniform Shop has received stock of Boys Grey Shorts and White Sports Socks.

Could you volunteer some time to support the P&F provide a valuable service to all parents?

We would like to hear from any parents or grandparents willing to coordinate our

Clothing Pool

Contact: Genevieve Spence (0400 446 219)

Senior School Sport. . . Secondary School Sports Bulletin Week 4 Term 4

Douglas Shield and Wiburd Shield

Recently we competed in the Douglas Shield (1st XI) and Wiburd Shield (Yr 9) knock out cricket competitions. These competitions allow us to play schools from throughout the state that we usually will not compete against in our current competitions. Despite both teams losing their opening matches we were able to take many positives away from the experience. We thank the boys for the way they represented the school so proudly.

NSWPSSA Cricket

This week the NSWPSSA (Primary Schools) cricket championships are being hosted in Bathurst. Our much sort after turf wicket on the Main Oval will play host to matches on Wednesday and Thursday. We expect an influx of visitors (parents and players) around the Main Oval one these days and ask for your assistance with ensuring correct traffic flow, following speed limits and pedestrian safety rules.

Drink Up - Beat the heat

Dehydration and heat stress = poor performance

Avoid heat stress and poor performance by adequate fluid replacement during your sport or activity.

- Exercise in hot or humid weather will result in additional fluid loss and increase the risk of dehydration. • Even small degrees of dehydration will cause a decrease in exercise performance.
- Dehydration contributes to fatigue and may make you susceptible to cramps, heat stress and heat stroke. • Players, umpires, coaches, officials and spectators can be affected by heat.
- Children are at much greater risk of heat stress.

Drink Up using the following measures

- Drink plenty of fluids. • Don't wait to feel thirsty, thirst is a poor indicator of fluid needs. • Although water replaces fluids, sports drinks (containing 4-8% carbohydrate and small amounts of electrolytes) provide: • Additional energy from carbohydrate which can delay fatigue and enhance performance, especially during prolonged events.
- Salts (electrolytes) which aid there hydration process.
- Flavoured drinks such as sports drinks and low concentration cordial, as a result of their taste, may encourage fluid consumption more than plain water. • Cool fluids may be absorbed more rapidly than warmer fluids.

How much fluid do I need?

You can assess your fluid requirements by weighing yourself before and after exercise.

- 1kg lost = 1 litre of fluid deficit.
- 2 kg lost= 2 litres of fluid deficit.
- Aim to keep these fluid losses to a minimum by drinking before, regularly during and then after exercise. • Sweating and fluid losses continue after exercise. After exercise aim to replace at least 1.5 times the amount of fluid deficit, measured at the end of exercise.

Your Drink Up routine

- Drink at least 500ml (2 cups) 1 hour before exercise. • Drink at least 150ml every 15 minutes during exercise. • During exercise take advantage of all breaks in play to drink up. • After exercise drink liberally to ensure you are fully rehydrated. For more information visit <http://www.smartplay.com.au>

Mr. Justin Adams (Sportsmaster) jadams@scots.nsw.edu.au

Sport/Team	Coach	Date	Opposition	Time	Venue	Transport Details
Basketball Please refer to the following website for draws and results - http://www.bathurstindoorsports.com.au/						
Scots 1st V Black (Boys)	Mr. Hayward	08/11/13	Best Friends	9:15	Crt 2	
Scots 2nd V Razors	Mr. Hayward	08/11/13	ASC Tornados	7:45	Crt 3	
Scots Blue	Mr. Chris Hayes (External)	08/11/13	Basketbrawlers	5:30	Crt 2	Please confirm bus times throughout the week
Scots 1st V Black (Girls)	Ms. Hughes	08/11/13	Tryalls	7:00	Crt 1	
Scots 2nd V Gold	Ms. Hughes (WEDNESDAY)	*06/11/12	ASC Red	7:00	Crt 1	
Scots Slammers	Mrs. Davis	08/11/13	Devils	5:30	Crt 4	
Cricket Please refer to the following website for draws, results and season statistics - http://scotsbathurst.nsw.cricket.com.au/						
1st XI	Mr. Mair	09/11/13	St Pats Strathfield	10.00am	Scots Main Oval	Nil
14s	Mr. Lee	09/11/13	St Pats 14s	8.15am	Eglington	Mr. Lee 8.00am
12s	Mr. Angus Woods (External)	09/11/13	Blayney	8.15am	Napier Park Blayney	Nil
Tennis	Mrs. Maher	09/11/13	All Saints	8.45am	Bath. Tennis Centre	Mr. Maher 8.15am
Touch	Mr. Coyte	09/11/13	All Saints	9.30am	ASC	Mr. Coyte 8.45am

Second Hand Cricket Gear and Uniform Items

Are you looking for cricket gear? Remember the uniform pool has supplies of shirts, pants, bags and some junior bats and pads that might make good spares or training gear.

There is also good stock of all other major uniform items such as pinafores, kilts, blazers, grey pants, jumpers and sports uniform.

See Kathy Weal in school hours at the Uniform Shop, or contact Genevieve Spence for more information (0400 446 219; treasurerscotspfa@gmail.com)

Basketball . . .

Scots Black v. ASC Ists

The team started strongly and enjoyed the lead for the first 10 minutes. After this we lost our way in offence making some careless errors and giving the ball away too easily. Our defensive effort was good with Lucy Blackmore often stealing the ball. We need to continue to work on capitalising on the turn over and making use of our height advantage.

Result: 15-23

Best player: Lucy Blackmore

Miss R. Hughes (Coach)

Scots Gold v. Emeralds

The team was a little light on in numbers and thankfully India Toole and Sophia Iwasaki filled in. The first half was a slow scoring affair and our defence was not tight enough. The second half was a much better performance in terms of our defence. We turned the ball over often. We need to continue to work on our passing and our offensive options.

Result: TSS 14 to Emeralds 22

Best Player: Felicity Walker

Miss R. Hughes (Coach)

Scots Razors

A scrappy game against an unskilled but eager opposition. The boys had the majority of possession and shots, but needed to capitalise more on the amount of ball in hand. Sam Andrew scored the bulk of the teams points with good positional play and accurate shots.

Result: A 23-4 win.

Mr G. Hayward (Coach)

Scots Black v. Dare to Dream

A hard fought match, but the opposition had the edge on us in rebounding and transition play which resulted in them scoring a number of easy baskets. Areas for us to work on in the future.

Mr G. Hayward (Coach)

Tennis . . .

Scots v. St Stanislaus 1

There are still a few members of the squad who do not have hats. This needs urgent rectification. The most pleasing aspect of Saturday was that the St Stanislaus coach commented on the excellent manners and behaviour of our players. I would reciprocate the sentiment with the two St Stanislaus teams we have played so far.

Emily Oh and Junsu Kim are to be congratulated on playing their first representative matches.

Stannies won the day on Saturday.
Mr A. Maher & Mr Chris Harris (Tennis coaches)



Our junior tennis players at Saturday's match against Stannies: Joshua Morris took a turn in the umpire's chair; above right Jack Morrissey concentrating on his shot; middle is Joe Harley in action on the court; and below Lewis Wilde absolutely ready to return play.



Cricket . . .

Cricket 14s week 2 v RUCC 13s

The game was evenly poised after last week TSS 3/126 playing RUCC 2/126. We continued our innings and although there were some bright moments we didn't capitalise on our good start and were bowled out for 170.

This was a good score for our first batting performance of the season but is an indication of what we need to score in order to do well in this competition. Oli S remained not out on 54, Wes got 32 and Yugo Kunii in his first ever game of cricket scored a blistering 23 including three 4s and a 6.

With only about 50 in front we had to bowl well and we did. A fantastic performance in the field saw us put real pressure on Rugby Union who found it difficult to score from our disciplined bowling and lost wickets regularly. Hamish again led from the front with match figures of 8.1.2.15, while Aiden, John, Jack, Oli all bowled well. Highlights included Nate Coachman (2.0.0.5) who bowled a lovely tight spell and both Shinya (3.1.1.7) and Yugo (3.0.1.12) who took their first wickets in cricket.

Ultimately we were short on runs and Rugby Union took out first innings points in a game that was closely fought but played in excellent spirit and sportsmanship. We will continue to work hard on restricting sundries, fielding and catching but we are working well as a team who supports and encourages each other.

Mr A Lee - Coach

Douglas Shield Round 1

On the 29/10/13 the 1st XI traveled to Dubbo to compete against Dubbo Christian College in the first round of the Douglas Shield round robin competition. Leaving at 6:30 the boys were keen for a solid day of cricket.

Winning the toss and electing to bat the boys struggled to get settled in with wickets falling in quick succession. Jonathan Gates then came to the crease and settled in seeing out their better bowlers which enabled fresh faced Oliver Simpson to come out swinging, for his first time with the 1st XI, scoring boundaries left right and centre and was a valuable asset to the team, scoring a total 35 runs!

The team all out for 79, the boys were a bit disappointed but that didn't stop them coming back with a vengeance with five wickets falling in the first 10 overs! This was a satisfying response to Dubbo Christian College's less sportsmanlike behaviour and it was a credit to the team for keeping their cool in a challenging environment.

Best bowlers on the day were Lachlan Marshall (2/26), John Mair (2/18) and Luke Newman (1/7)

Thanks to Mr Adams and Mr Mair for driving the team to Dubbo it was a good experience for the team.

Jonty Boshier (1st XI Co-Captain)

1st XI Scots vs. Stannies

Last Saturday the 1st XI played St Stanislaus College on their home ground. With a ten o'clock start the day was already beginning to heat up and after losing the toss and being sent out to field, the boys energy for the game wavered in the heat and the sickness that had affected the greater part of the team was paying its toll. Nevertheless the boys put in a solid effort throughout the time out on the field with good bowling from Lachlan Marshall, John Mair, Jonty Boshier, Patrick Harris and Hamish Andrews (who offered to play when our numbers began to dwindle).

Although our bowlers put in a solid effort we were unable to pick off the Stannies batters and they settled in knocking up a total of 241 runs with 5 wickets still on hand.

After our late lunch the boys went out to bat with the aim to last out the 50 overs.

Opening the batting Hugh Lennon and Ned Dawson hung around but with a frustrating in-field and out-field (which was in dire need of a mow), struggled to get runs. After a few quick wickets, due to the good bowling from Stannies; Patrick Harris and John Mair stepped up and started to really settle in and put runs on the board.

Later in the afternoon Jonathan Gates came out and supported John for a number of overs, still building up our total. Getting close to the 50 over mark with 4 wickets in hand the boys were on the edge of their seats. With 4 overs left Zach Telsfer came out to bat with the intention of lasting out the overs, and last them out he did, his style more 20/twenty than conservative with boundaries left right and centre! On the second last ball, unbeknown to the team, John Mair reached 50 just in time which was a phenomenal effort by our on-field captain.

Top scorers for the game John Mair 50, Patrick Harris 37 and Zach Telfser 31.

Thanks to Mr Mair, the scorers and well done to all the boys for their efforts to push on through their colds and flues with the aid of packets and packets of butter-menthols.

Scots: 8 for 160 off 50 overs, a very respectable score!

Jonty Boshier (1st XI Co-Captain)

