

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental with porridge	Continental and fruit bread	Continental with boiled eggs	Continental with Spaghetti	Continental with Yoghurt	Hash browns & continental	Bacon and Eggs
Morning Tea	Apple muffins	Vita weets / saos	Popcorn and fruit	Toasted fruit bread	Donuts	Assorted Fruit	Assorted Fruit
Lunch	Creamy veg pasta	Assorted pies	Toasted sandwich and soup	Make your own wraps	Sausage sandwiches	Chicken burger	Focaccia toasties
Salad	Assorted salads	Roasted sweet potato & chickpea	Tabouleh	Potato salad	Greek salad	Assorted salad	Assorted salad
Dinner	Beef in a rich Tomato Sauce	Oven Baked Fish	Curried sausages	Chicken Parma	Italian Pasta Night	Spaghetti Bolognaise	Roast Chicken
Vegetarian							
Vegetables	Mash Potato, Broccoli, Carrots	Wedges and ceaser salad	Steamed Rice, Corn cobs, Zucchini mix	Potato Bake, Beans and carrots	Garden Salad	Corn Kernels and Tossed Salad & Garlic Bread	Roast potatos, pumpkin, peas, Gravy
Dessert	Jelly and cream	Custard and Cake	Fruit Salad	Ice cream And topping	Cheese and Biscuits	Mud Cake	Fruit Salad
Supper	On Request	On Request	On Request	On Request	On Request	On Request	On Request

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental with Spaghetti	Continental with fruit salad	Continental with boiled eggs	Continental with bananas	Continental with Grilled tomato's and parmesan	Continental and Baked Beans	Scrambled Eggs And Bacon
Morning Tea	Popcorn with orange wedges	Finger Buns	Homemade Biscuits & Fruit	Lamingtons	Saos with spreads	Assorted Fruit	Assorted Fruit
Lunch	Assorted Pies	Pumpkin Soup & Damper roll	Beef Burgers	Creamy Pasta	Hot Dogs	Sweet chilli chicken wraps	Home made pizza
Salad	Tabbouleh	Four bean salad	Baby spinach roasted sweet potato	Lemon pepper rice salad	tomato and corn salsa salad	Assorted Salads	Assorted Salads
Dinner	Beef Stroganoff	Oven Baked Fish	Chicken, Leek & S potato One Pot	Lasagne	Honey Soy Beef Stir Fry	Sweet & Sour Pork	Silverside with white sauce
Vegetarian							
Vegetables	Steamed rice with mixed veges	Potato bake, mixed veg	Mash Potato, Broccoli and corn	Chips and salad	Rice or noodles and tossed salad	Fried Rice mixed veges	Roast potatos suate cabbage and carrots
Dassert	Choc Mousse	Ice blocks	Jelly and cream	Ice cream with topping	Fruit platter	Profritta rolls	Jelly and cream
Supper	On Request	On Request	On Request	On Request	On Request	On Request	On Request

The Scots School Bathurst

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental With Yoghurts	Continental With Boiled eggs	Continental with fruit platter	Continental With Boiled Eggs	Continental With fruit bread	Hash Browns	Bacon With Fried Eggs
Morning Tea	Blueberry muffins	Toasted Fruit Bread	Yoghurts	Homemade banana bread.	Jelly Cups	Assorted Fruit	Assorted Fruit
Lunch	Chicken Burgers	Wraps And Subs	Toasted Sandwich and soup	Tomato Pasta	Assorted Pies	Sausage sandwich	Hot dogs with mustard and onions
Salad	Italian brown rice salad	Beetroot and lentil salad	Creamy tomato pasta salad	Crispy noodle salad	Pesto Pasta Salad	Assorted Salads	Assorted Salads
Dinner	Nachos	Italian Pasta Night	Moroccan Chicken Legs	Mongolian Beef	Oven Baked Fish	Spaghetti and meatballs	Roast Beef
Vegetarian							
Vegetables	Lettuce, carrot cheese sour cream guacamole	Mixed garden salads	Potato bake cabbage and carrots	Rice and stirfry veges	Chips and Salad	Mixed veges	Seasonal roasted veg and baked potatos
Dessert	Apple tarts	Cinnamon donuts	Peaches and cream	Zooper doopers	Fruit salad	Cake and custard	Cheese and biscuits
Supper	On Request	On Request	On Request	On Request	On Request	On Request	On Request

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental With Crumpets and Muffins	Spaghetti With Toast	Continental with Bananas	Continental with Yoghurt	Continental with boiled eggs	French toast	Bacon And Eggs
Morning Tea	Cupcakes with fruit basket	Le Snacks with fruit basket	Banana Choc Muffins	Popcorn with fruit basket	Iced Donut with fruit basket	Assorted Fruit	Assorted Fruit
Lunch	Toasted cheese & ham sandwiches & Soup	Cheese & Bacon Roll	Baked Potatos	Assorted Pies	Egg and Bacon Roll	Bread Roll & Cold meats and salad	Croissants with ham and cheese
Salad		Asian Coleslaw	Egg potato salad	Curried rice salad	Fetta Pumpkin & Chickpea Salad	Assorted Salad	Assorted Salad
Dinner	Sausages in onion Gravy	Tikka Marsala Chicken	Chilli Con Carne	Parmesan crusted Fish	Chicken Wings and Spring rolls Asian Night	Steak and gravy	Roast Pork
Vegetarian							
	Mash potato, Sweet potato and peas	Steamed Rice and Seasonal Veges	Flat bread sour cream, broccoli and corn	Home made wedges and salad	Fried Rice StirFry veg	Chips and salad	Roasted mixed veges
Dessert	Fruit salad	Ice cream	Scones with jam & cream	Zooper doopers	Fruit platter	Cinnamon Donuts	Sunny boys
Supper	On Request	On Request	On Request	On Request	On Request	On Request	On Request