



The Scots School Rugby Season 2018

Season Outline

		ISA DIVISION 3		
Round	Date	Home		Away
Pre-Season Fixture 1	5th May	St Josephs (Joeys) Open 5th XV 15Gs 13Fs	V	The Scots School Open 1st XV 15s 13s
Pre-Season Fixture 2	12th May	Knox Grammar Open 6th XV Cranbrook 15Cs Cranbrook 13Ds	V	The Scots School Open 1st XV 15s 13s
Pre-Season Fixture 3	19th May	The Scots School Open 1st XV 15s 13s	V	St Ignatius' Riverview Open 6th XV 15Fs 13Fs
Pre-Season Fixture 4	26th May	The Scots School Open 1st XV 15s 13s	V	The Kings School Open 6th XV 15Ds 13Fs
5	2nd June	St Augustines Open 3rd XV 15C 13C	V	The Scots School Open 1st XV 15s 13s
6	16th June	The Scots School Open 1st XV 15s 14s	V	St Pius X Open 3rd XV 15TBC 13C
7	23rd July	The Scots School Open 1st XV 15s 13s	V	St Patricks College Open 3rd XV 15Cs 13Cs
8	28th July	BYE	V	BYE
9	4th August	Oakhill College Open 3rd XV 15Cs 13Cs	V	The Scots School Open 1st XV 15s 13s
10	11th August	The Scots School Open 1st XV 16s 14s	V	St Gregs College Open 3rd XV 15TBC 13TBC
11	12th August	St Stanislaus' Open 3rd XV 15Cs 13Cs	V	The Scots School Open 1st XV 15s 13s



Winter Sport Information

Coaches and Training

The coaches for the 2018 season are Mr Bailey (13s), Mr Mottram (Master in Charge and 15s), Mr Van Gend and Luke Newman (1st XV). Training sessions will be on Tuesdays and Thursdays and will be held on the Old Boys Field and the Main Oval commencing at 3.35pm and concluding at 4.45pm. All players are required to attend training sessions. Students who are unable to attend training sessions are required to give their coach, the MIC of rugby or the Sportsmaster notice prior to their absence. Students will have 15 minutes before and after training to get changed and to collect training requirements.

Away Games

Coach/Bus transportation will be provided for all players for away games. The time of bus departure will be announced in the Highlander. Students who wish to travel independently with their parents/guardian may do so but with written permission (email) given to their coach.

Home Games

All home games are scheduled to be played at The Scots School on the Main Oval. Students are encouraged to support all matches on the day, i.e. the 1st XV to be there to support the 13s and 15s the 13s and 15s to stay and support the 1st XV. A canteen run by the Friends of Rugby will sell food for students and supporters. All parents are encouraged to become involved assisting with serving food and other jobs/duties for the Friends of Rugby. Please contact the President of the Friends of Rugby Mrs Shelley van Essen for further details (refer to the Friends of Rugby section of the Highlander).

Uniform - Off Field

For away games students are to travel to and from other schools in full town leave uniform (no hat), unless other variations are announced. The Scots black winter jacket can be taken to away games also.

For home games students in all teams (apart from the 1st XV) are to wear the Scots sports uniform or full town leave uniform to and from school and whilst supporting other teams. The 1st XV are to wear full town leave uniform.

Scots Sports Uniform

Scots blue sports polo, black Scots shorts, Scots tracksuit jacket top, Scots tracksuit pants, the Scots Black winter jacket – no exceptions, no Tour or Year jumpers/hoodies.

Uniform - On Field

Students in junior teams need to have a Scots rugby jersey, black rugby shorts and Scots rugby socks. The 1st XV will be issued a playing jersey each week. The 1st XV will be issued black rugby shorts and 1st XV socks at the beginning of the season.

Additional Requirements

Students are encouraged to take water bottles to training and matches. Be sure to clearly label the bottle with the student's name. Students are also encouraged to get the Scots black winter jacket to wear on cold days. Make sure all clothing is clearly labelled.

Money for meal stops will be required for away games. Boarding students will be given meal money; day students will need to bring their own or bring their own food.

Safety equipment – All players **must** have a mouthguard for training sessions and games. All players are encouraged to wear headgear. Please note that all headgear and protective equipment and boots (studded) must conform to the IRB laws (refer to <http://www.irbrugbyready.com> for rugby safety and equipment information).



Winter Sport Information

Behaviour

Off Field - Students are expected to display appropriate behaviour at all times. Both home and away games are classed as the same and normal school rules and discipline procedures apply.

On Field - Unsporting behaviour is not permitted. Verbal or physical abuse of opponents or officials is forbidden. The referee's decisions are to be obeyed promptly and without question.

Students must not criticise their own players or coaches on or off the field. Students are to respect the decisions of their coaches. It is the responsibility of every team member to strive for good team and school spirit. Students must always be ready to thank the opponents, the officials and the coaches. Our students and spectators are required to abide with the code of conduct set by the ISA (please refer to the ISA website <http://www.isa.nsw.edu.au/> for full details).

Parental Assistance

Any parent or friend who is willing to lend some assistance is asked to notify the coach of the team if they can help with any duties. The Friends of Rugby need assistance with running the 'Ruck and Maul' canteen for home games. All parents are encouraged to help out. Please contact the president of the Friends of Rugby Mrs Shelley van Essen to offer your assistance.

Medical and First Aid Information

We ask parents/ guardians to complete and return the attached sports permission and medical information forms so that the coach is aware of any specific medical conditions, illnesses, injuries and/or allergies that the student may have. Please be aware that the game of rugby has inherent risks of injury. Every effort is made to reduce the risk of injury but from time to time accidents do occur. A dedicated first aid officer is a requirement for all rugby matches and all coaching staff members are trained in basic first aid. Please return your completed permission notes to your coach by the 4th of May.



Winter Sport Information

Sports Permission Note and Medical Information

Please return to team coach

All information is strictly confidential – for your child's coach only. This form will be destroyed at the end of the season.

Player Details

Student Name _____

Date of Birth _____

Medical Conditions _____

Allergies _____

If your child is prone to asthmatic or anaphylactic episodes, please ensure that they have their medication with them at all training sessions and games. Please ensure that the medication is clearly labelled with your child's name.

Emergency Contact Details

1) Name of Parent/ Guardian _____

Contact numbers Home _____ Mobile _____

2) Name of Parent/ Guardian _____

Contact numbers Home _____ Mobile _____



Winter Sport Information

Parental Assistance

Can you help out with the Friends of Rugby and/or the 'Ruck and Maul' canteen? If so who?

_____ (name) and how are you willing to help?

- | | |
|--|---|
| <input type="checkbox"/> Cooking the BBQ | <input type="checkbox"/> Serving in the Canteen |
| <input type="checkbox"/> Assisting with Rugby Dinner | <input type="checkbox"/> Baking goods to sell |

Please provide a contact number to be passed on the Friends of Rugby _____

Contact your sons coach through email – rmottram@scots.nsw.edu.au dbailey@scots.nsw.edu.au
tvangend@scots.nsw.edu.au or make a call through reception 63 312766

Media and Marketing Consent

The Scots school likes to recognise student participation in sport with team reports and sometimes photographs. Due to privacy laws we require your consent. The school may publish your child's photograph unless you indicate your non-consent by ticking the box below. *Please only tick if you **do not** wish for photos or reports of your child to be published.*

- I do **NOT** give consent for photographic or video images of my child to be published for school purposes

Medication

My child requires specific medication and will bring the following medication to all training sessions and games

- Asthma medication
- EpiPen Allergy type _____
- Other (please specify) _____

In addition, I give permission for The Scots School staff or appointed sports medic to administer first aid to my child should the need arise. In an emergency, I authorise the School to convey my child to hospital by appropriate transport, which may be by ambulance.

Parental Acknowledgement

I understand and accept the commitment that my child has made to The Scots School for the 2018 rugby season. I understand the requirements for the sport including training and games and I am aware that participation in sport involves some risks of injury and that first aid may need to be given when required.

I understand that an ISA Code of Conduct for players, coaches and spectator behaviour exists and must be followed at all games (this can be viewed at <http://www.isa.nsw.edu.au/>).

Parent/ Guardian Name (please print) _____

Signature _____ Date _____