



Weekly News

23 March 2009

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ISSUE:

**EVERYTHING
YOU NEED TO
KNOW ABOUT
THE
HIGHLAND
GATHERING!**

*Helpers Needed
*How/Where to
donate items

**See you there...
Sunday
29 March 2009**

Plus

**Cadet Dining
In Night
Information**

**Equestrian
Events**

**Parent/Teacher
Interviews**

Regular Features:

Weekly Sport
Sport Results
Preparatory School
Pre-Prep
Lithgow Prep

Curry Night

Places remain for hungry people who want to enjoy a beautiful two-course meal and be entertained by the pipers & drummers of The Scots Pipes & Drums. The cost is only \$25 and you still have time to make a reservation. Be Quick!!! Reservation form on Page 7 of this *Highlander*.



Krispy Kreme Doughnuts

Krispy Kreme Doughnuts will be available at the Highland Gathering. Don't forget to pop your order forms into the front office today!

To Ponder . . .

So, whether you eat or drink, or whatever you do, do all to the glory of God.

1 Corinthians 10:31

Q'n 1. What is the chief end of man (& woman)?

Man's chief end is to glorify God and to enjoy him for ever.

...Chaplain

Highland Gathering needs you....

Volunteers Needed -- see page 20

Donations Needed -- see pages 2-4 and page 10-11

All donations to the Front Office during office hours. Donations can also be left at Aikman Hall on Saturday or the stalls involved on Sunday.



Don't forget the

**New and Used Book and
MULTIMEDIA stall**



Equestrian Display our Equestrian Team had a great sunny day of practice on Sunday in preparation for the Highland Gathering



From the Headmaster . . .

Thank you to the Highland Gathering Committee and to staff such as Mr Coyte and Mr MacKenzie who have been working hard on preparations to make next Sunday a special day. Also a special thank you to Geoff Porter, Mal Porter and Col and Mary-Rose Townsend for their expertise, assistance and generosity in enabling us to prepare the track between the lower oval and the main oval so that the parking arrangements for the lower oval will work and free up the front oval for the equestrian events. Grahame Edgell has also done a fantastic job on the fencing and gates, thank you. I hope that each family will find a way to be involved and support the School in whatever way they can on this very important occasion.

Yesterday Mrs Dawes and a number of students with their horses participated in an equestrian practice for a display on the front oval during the Highland Gathering. It was wonderful to see the enthusiasm and enjoyment of the students and I would encourage everyone to try and see the equestrian events next Sunday.

Congratulations to the Old Boys team who defeated a school team in the annual match last Sunday. It was very pleasing to see the number of younger students who turned up to play as many of our older cricketers were playing in the semi finals of the club competition in Bathurst on Saturday and Sunday. There are encouraging signs from our cricketers that next season will be a good one for Scots. We have an excellent cricket oval. The pitch is one of the best in town and the CAS, Country and CHS teams that used it last week in the Lord Taverners competition commented very favorably on our cricket facilities. Thank you Mr Adams and our Gappie Mat James for doing such a good job in preparing such an excellent pitch for all these games.

Good luck to our Basketball teams that have made it through to finals. Once again we have excellent facilities and very capable and experienced staff which have enabled our students to develop their skills to such a high standard.

-- *Tim Richards*

Curry Night

Tickets still available for the Curry Night – a night of great food, music and company. Boarder parents staying at Thompson House – come and join a fun evening.

See information on page 6 of the Highlander. RSVP date extended. Enquiries Geoff Porter 0408 634 390.

BBQ at the Highland Gathering - Helpers needed

Would you like to help on one of the busiest stalls at the gathering? Enjoy great company on a stall with good views of all the activities on the oval while supporting this major school event.

Call Liz Lennon 6337 7744 (evening).

Parents: If you would like to receive your copy of the Highlander emailed on Monday afternoons (and in colour!!), please let us know your email address.

You can ring the school or email Mrs Shillabeer at mjshillabeer@scots.nsw.edu.au

From the Deputy . . .

This is a very exciting week for our students. They are busily making plans for the Highland Gathering weekend. I seek to provide information to all families to clarify the events of this weekend.

1. **YEAR 7 and YEAR 12 PARENT / TEACHER INTERVIEWS**

On Friday, 27th March commencing at 3:30 pm Parent/Teacher Interviews will be held for Years 7 and 12 only. At Scots

The Scots Procedure:

- *students are provided with a personal interview sheet
- *they book a ten-minute timeslot with each of their subject teachers
- *on Thursday these sheets are copied so that the school and the parent has a record of the student's interview times.
- *remember to ask your child for a copy of their interview times

The Year 7 Information Session will be held in Room 9 at 5:30 pm and the Year 12 Information Session will be held in Room 9 at 6:00 pm.

2. On Saturday evening, commencing at 5:30 pm the annual Curry Night will be held organised by the parents of the Pipes & Drums. I urge your attendance at this fantastic event. Reservations may be made using the form appearing elsewhere in the *Highlander*.

3. On Sunday the Highland Gathering will be held at The Scots School. Details are as follows:

- *the Highland Gathering is a **compulsory** event for all students Years 7-12.
- *students should wear sports uniform (white polo shirt or house t-shirt, or new blue t-shirt and full TSS track suit) or town leave uniform.
- *all students will be rostered a timeslot for their house activity.
- *house meetings will take place on Wednesday to finalise rosters. Please ask your child on Wednesday evening about their rostered time.

Assessment Tasks

I wish to commend the hard work of our students and the individual responsibility they demonstrate towards their learning. However, some matters concerning technology require clarification.

- *it is expected that tasks will be printed off prior to the student arriving at school, not in the period when the task is due. Considerable disruption to Library routines is caused by last-minute print jobs.
- *I urge students to back up their work on flash disk or by emailing themselves each time they add to their task.
- *computer failure or unrecoverable disk errors cannot be accepted as reasons for late submission of tasks.

Finally, remember if you are ill, a parent phone call prior to 9:00 am to myself (6333-4757) is the correct procedure to excuse lateness on the day an assessment task is due. **This is very important in Stage 6 (Years 11 & 12).**

*Mrs Lynne Fleming
Deputy Head*

Scots Cadet Unit . . .

DINING-IN NIGHT Saturday 4th April, 2009

Invitations to the Dining-in night have been forwarded to departing Year 12 Cadets, Bandsmen and their parents, along with the Senior NCO's and officers. The Dining President CUO Cameron Beer will coordinate proceedings for the night with the help of the Dining Vice President CSM Jessica Spence.

The evening will begin with a number of Toasts including Queen Elizabeth II and The Scots School Cadet Unit. The Commanding Officer Lieutenant Potter and Headmaster Mr. Richards will address the gathering. No doubt the Senior Cadets will also have some interesting recollections to lighten the evening. The official proceedings will conclude with recognition and the passing on of rank to the current promotions positions in the school Cadet Unit.

Dress: Scottish Dress
Time: 6.00 for 6.30pm Saturday 4th April
Finishing time: 9.00pm
Venue: The Scots School Dining Hall
RSVP: to Lt Dundon
Cost: \$20.00

CADET UNIT AT THE HIGHLAND GATHERING

CUO Cameron Beer, WO Jessica Spence, SGT Mary Ann Porter and SGT Alexandra Bird will Raise the flag to open the Highland Gathering on Sunday Morning after 10.00am with the aid of Piper Charles MacKenzie.

COULD ALL CADET SCOTTISH GEAR PLEASE BE RETURNED TO SCHOOL FOR ALTERATION AND CLEANING IN PREPARATION FOR ENSUING EVENTS

*Ms Susan Cameron
Lt Simon Dundon*

The Scots Equestrian Team -- Sunday, 22 March 2009 -- See our display at Highland Gathering!



EQUESTRIANS OFF TO A FLYING START.....

Sunday the 22nd of March saw our equestrians participate in their first riding day. The riders were practising for the demonstration ride they will be doing at the Highland Gathering. The students showed us their skills in showjumping, dressage, bending, barrels, polocrosse, troopdrill and rider in action. We are very lucky to have such excellent riders for our team.

The riders who rode included Annabelle Townsend, Georgie Townsend, Luke Ryan, Alice Godwin, Annabelle Shepard, Laura Wright, Georgie Simcock, India Toole, Lachie Dawes, Seb Colley, Amber Rosin, Heather Salmon, Courtney Putzicha, Emma Clark and Gracie Dawes.

Our riders from the secondary school will now be preparing for the North West Equestrian Expo at Coonabarabran in May.

I would like to take this opportunity to thank the following people:

- The school for allowing us to use the 'front' oval! It was a great atmosphere and many drivers driving past stopped to see what we were up to.
- To all the parents and supporters who came to give us an audience. We loved having you all there. Your help in setting up and packing equipment away is greatly appreciated.
- To all the riders, your enthusiasm, dedication and good spirit made it a wonderful day.
- To Mr Salmon for bringing some extra jumps and to Mr Colley for his polocrosse instruction.
- And finally to Mr Nick Dawes who spent last week making 'Scots' barrels and spent the day setting up jumps and packing them up!

Reminder to parents:

- If you have not got your Coona entries in please get them in tomorrow. If they are not in by Wednesday I will assume you are not coming.
- For **next week** remember you must be in your school shirt and tie and your horses need to be presented beautifully, plaited and trimmed etc. If you need help in getting your horse plaited please see me beforehand so I can arrange for them to be done for you. This will mean arriving earlier on the Saturday.
- You need to arrive and be ready to ride by 10.30am, we will warm up before we go out.
- I will be setting up the arena and showjumps on Saturday afternoon. If there is anyone who would be able to help please let me know so I can let you know what time.



Above: Sarah Clark brought her pony to the equestrian warm-up day. Our Equestrian Team is aged from 5 to 17.

Left: A man without a horse! Annabel Shepherd waits in the background.

The Scots Preparatory School

Congratulations

Zachery Telfser who has been selected to represent HICES at the CIS swimming carnival at Homebush on Friday. Zach will compete in 4 events which is an enormous achievement at this level. We wish him well and know he will thrive on the experience and give his best.

To all students who gave their speech in class today, especially Kindergarten students who have made their maiden speech. Well done girls and boys!

Equestrian Team

How exciting it was to see horses and riders of all ages enjoying themselves on the Old Boys Oval on Sunday. It was a beautiful day and the oval looked a picture with all the colourful jumps and activities set up. Several children from the Preparatory School were involved and I was delighted to meet some of their steeds, who were remarkably well behaved, perhaps because they were exhausted! Congratulations to Mrs Libby Dawes and all involved in this wonderful venture!



Amber Rosin is pictured here putting Tilly through her jumping practice. Thanks Mrs Inglis for some wonderful photographs of the equestrian team. View some highlights on the school website later this week at

<http://www.scots.nsw.edu.au/photos.htm>

Speeches

Thank you parents for your support in assisting students to prepare for their first speech of the year. Once again the creativity, confidence and entertaining methods of delivery were of an exceptional standard. Children in years 3 to 6 will be assessed on this speech with a view to

representing the school at the CWA Public Speaking competition on the 26th May. We have a proud history in this esteemed competition with several Highly Commended awards over the years and a 1st and 2nd place in the last two consecutive years. I am confident that our high standards will see quality candidates in 2009.

Assembly Item

This week Stage 3 will be presenting an item at assembly and parents are invited to join us at 10:15am in the Aikman hall.

HICES Swimming Results

The following students are to be congratulated for achieving ribbons at the HICES Swimming carnival.

Paris Bennett 4th

Andrew Knox 3rd

Aiden Telfser three 3^{rds} and a 2nd place

Hollie Simons 3rd and 4th

Zachery Telfser four 1^{sts} and a 3rd place

More Bathurst Show Results

Hannah and Angus Crozier did very well in the Cooking and Garden Produce. Hannah gained 1st place with 3 carrots and Angus gained 2nd with 3 eggs, 2nd with 3 tomatoes and 2nd with 6 decorated arrowroot biscuits. Well done!

Community Software Plan

Recently, we sent home coloured leaflets about the CSP (Community Software Plan) featuring Maths Made Easy from EdAlive. **The closing date for orders is this Friday***. Please return your orders to your classroom teacher so that we can send them off.

This will be the only CSP for 2009, so don't miss out!

Our school will receive **FREE EdAlive software** for participating, plus **even more FREE EdAlive software** if we receive a strong response from families.

***Late orders must be lodged directly with EdAlive and will incur extra postage and handling charges.**

Highland Gathering

Thank you to all our enthusiastic parents who have volunteered so far. Helpers are still needed for some stalls so if you have not contacted your class coordinator as yet and you are able to assist on the day please let them know as soon as possible so that timetables can be finalised. We also need volunteers to bake cakes and other goodies as well as cook the fillings for the potatoes.

The Highland Gathering is our major fundraiser for the year and promises to be a fun filled day.

The childrens' artworks are looking magnificent and can be purchased and collected at the Highland Gathering or if you are unable to attend may be pre-purchased and collected after the Gathering.

Children in the Prep School are expected to attend and should wear their sports uniform.

Creative Writing

Last week's topic was The Old Wardrobe. It drew some very imaginative responses as to what it contained and the powers it possessed. There were wardrobes that contained giants, criminals and even a puppy! Some wardrobes had strange markings, numbers or symbols which transformed you to other worlds or into other people! One could even walk and had to be crash tackled! Writing encouragement awards this week went to Lachie Dawes and Jorjana Micalos for their creative efforts.

Parent Teacher Interviews

Formal interviews will be conducted in Week 10. A note has gone home today advising parents of days and times available. Please phone reception to book an appointment with your child's teacher to discuss their progress over the term.

Healthy Food Celebration Lunch

On Friday 3rd April the Pre Prep and Prep school will enjoy a healthy lunch feast prepared by the staff and students to celebrate the end of our work on healthy food and to celebrate Vannida's birthday. The cost will include a donation for our sponsor child. Children who usually eat in the dining room will receive a credit for that day.

Little Athletics Championships

Harry Broad competed at the Little Athletics state championships over the weekend and distinguished himself with 12th place in the 1100 metre walk. Congratulations Harry on an outstanding performance.

Under 12 Soccer

The team will have a training session on Friday at 3:30pm before the competition commences on Saturday April 4. I am seeking interest from parents who may be able to assist with coaching during the year. I will manage the team following Mr Alexander's departure at the end of the term.

Healthy Lunches

Thank you parents for supporting our healthy food drive. As I walk around the playground at recess and the dining room at lunch I am impressed by the many healthy lunch boxes I see. I hear children discussing food and reading packets to check for sugar, fat and salt contents. This week I have selected some more ideas from the Raising Children network website.

How to get your child to eat vegetables by Mary Silva

Suitable for

1-8

Years

Everyone knows that vegetables are good for you and many parents earnestly strive to ensure their children eat them every day – sometimes with little success. In light of this all-too-common challenge, parents often ask for tips to get their children to eat more vegetables.

A good attitude and a little creativity are key

Perhaps the most important factor to consider is your own attitude and approach toward eating in general. Avoid forcing your child to eat vegetables – or any other food for that matter. Encourage your child to try a spoonful, but don't get upset if she refuses it. Eventually, she will try it, so keep reintroducing various foods from time to time. And remember that even young children can learn why nutrition is important; you can simply say: 'They taste good and make you healthy, big and strong.'

Some other tricks of the trade:

Add vegetables to store-bought foods or to those you already prepare. Set out a plate of raw vegetables or a salad of cold, cooked vegetables before the meal – the time when your child is hungriest.

Keep a bowl of cherry tomatoes or baby carrots in the refrigerator for a quick and handy snack. (Of course, you'll want to take into account the fact that these foods can be potential choking hazards for toddlers and preschoolers.)

Serve raw or lightly steamed vegetables with salad dressing or cheese sauce for dipping.

Make mashed sweet potatoes instead of white potatoes, since sweet potatoes contain lots of vitamin A.

Let your child make her own taco with shredded lettuce, tomato, ground turkey and a little cheese.

Serve foods with tomato sauce or stewed tomatoes often.

Try not to overcook vegetables to preserve their taste, bright appearance, and valuable vitamins.

Help make your child familiar with vegetables; serve them everyday.

Prepare meals together (e.g., younger children can wash and older ones can chop vegetables for stir-fry dishes and salads).

Let your child help choose fresh vegetables when you're shopping.

Plant a vegetable garden with your child or even just put a small cherry tomato plant in a

pot in a sunny spot in the yard.

Most important, set a good example. Remember that your actions will speak louder than words.

Besides, parents need their veggies, too!

*-- Mrs Kerry Robinson
Head of Preparatory School*

Pre-Prep

Sounds Program – This week Pre-Prep will be learning all about the letter “f”. Our song is “fat frog fishing f,f,f” and in Letterland we will be meeting Fire fighter Fred. For our craft you can expect to see some; fairies, frogs, farms, finger, fish and lots more. We will also be visiting the Fire Station next week during our revision week, so keep an eye out for notes soon!

Bathurst City Library Visit – Last Thursday we had our final visit to the town Library for Term 1. We had lots of fun reading stories about trucks and trains. We had some funny action songs as well and even made a card to take home during the craft time!

Highland Gathering – The Highland Gathering is fast approaching and Pre-Prep have been very busy making beautiful artworks for the Prep School and Pre-Prep Art Stall. The canvas prints are available to buy on the day, so be sure to come out and enjoy the festivities. It is this Sunday, 29th March at 10am on the school grounds.

Annie’s Ice Cream Palour – Pre-Prep had a lovely time at Annie’s last Friday to conclude our learning during “i” week. There were so many different flavours to choose from but it seems that ‘Bubblegum’ was the most popular this year! The children are to be congratulated on their beautiful manners.

Save the Date – Pre-Prep and the Infants classes will host the annual Easter Hat Parade on Wednesday, 8th April. Be sure to save this date in your dairies as it is a lovely way to end the term and also lots of fun! The children will sing, perform with percussion, read the Easter message and join in for some great dances. The morning will commence at around 9.15am. Further information and invitations will be sent home later this week.

Curry Night

Tickets still available for the Curry Night – a night of great food, music and company. Boarder parents staying at Thompson House – come and join a fun evening.

See information on page 6 of the Highlander.
RSVP date extended.
Enquiries Geoff Porter 0408 634 390.

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Sport at Scots

Sports Bulletin Week 9 Term 1

Old Boys Cricket

Last Sunday (22nd) the annual Scots XI versus the Old Boys match was contested on the Main Oval. It was great to see so many Old Boys and an energetic and talented team of Scots Boys and teachers. I would in particular like to thank all the Old Boys who returned for the match, the current students and the staff that played and the parents and friends who supported the match. A full match report will follow soon.

TSS Cross Country

This Thursday the 26th of March is when TSS Cross Country will be held on the school grounds. Races will commence from the Main Oval from 3.30pm. The schedule of races is set out below.

Race 1 Junior Girls – 3 km (1 lap of the course) – 3.30 pm

Race 2 Junior Boys & Intermediate Girls – 4 km (1&1/3 laps of the course) 3.30 pm

Race 3 Intermediate Boys & Senior Girls – 6 km (2 laps of the course) 4.00 pm

Race 4 Senior Boys – 7 km (2 and 1/3 laps of the course) 4.00 pm

Holiday Netball and Hockey Development Programs

NSW Sport and Recreation is conducting development programs for hockey and netball on the 16th of April. The programs are designed to develop skills and confidence and are aimed at 6-9 year olds and 10-14 year olds in two separate sessions. For more information phone 63626623 or visit www.dsr.nsw.gov.au.

Basketball Finals

Congratulations to the Lions and the Terriers and to Mr. Hayward for making it through to the basketball semi finals. Good luck this Friday.

Sport Events in the next few weeks

WAS Netball Trials 24th of March (KWS)

AICES Basketball Championships Girls on the 25th and Boys on the 26th March

TSS Cross Country 26th of March

Mr. Justin Adams (Sports Master)

The Scots School Summer Sport Weekly Schedule 2009

Sport	Team	Coach	Date	Opposition	Time	Venue	Transport
Basketball	Lions	Mr. Hayward	27/03/09	ASC Snr Girls	6.40pm	Court 3	Please confirm
	Terriers	Mr. Hayward	27/03/09	Silver Miners	8.20pm	Court 3	transport arrangements with Mr. Hayward

Winter Sports Training begins this Tuesday and Inter House Cross Country on Thursday.

Basketball . . .

Angels' Valiant Effort in Final Match

Last Friday in their final match of the season, the Angels took to the court with their trade mark enthusiasm. Eager to see their opponents earn their right to top of the table status, the Angels took the game to All Saints Senior Red from the opening minutes. Formidable in defence, Megan Bennett and Laura Pollard kept the opposition on their toes. Caitlin McDermid launched the Angels attack with three baskets, ably assisted by Jessica McGrath, Alyssa Weekes and Stefanie Schulz who each added a point to the score. Samantha Cowan and Laura Wright were reliable in support play and at half time the game was still within sight with a score line of 16-7 in favour of All Saints. All Saints higher level of match experience came into play in the second half however and while the Angels maintained their impressive defensive effort, they eventually found themselves out manoeuvred as All Saints ran away with the game and a win of 44-12. I'd like to take this opportunity to congratulate all the girls on their unwavering enthusiasm and commitment throughout the season.

Blue Belles Competitive in Final Round

A small yet cohesive squad of Blue Belles faced The Cougars on Friday night in a match that was tightly contested throughout. Jessica Spence produced an impressive display of attacking prowess to pocket seven baskets in quick succession. Hilary Stevens again proved her defensive merit with her relentless coverage of her opponents all over the court, while adding to her points total with another handy four baskets. The half time score board 17-18 favouring The Cougars, reflected the intensity of the game. Not long into the second half, the Blue Belles took the lead at 20-18 and an impressive three pointer from Georgina Porter pushed the girls further in front. Nikki Butler made her contribution with a well timed basket while Caitlin McDermid worked well in support. Emma Clark and Holly Kristensen were invaluable in defence as the heat on court intensified. In the final quarter of the match, The Cougars found a reserve of energy to surge home past the Blue Belles to a win of 38-27. In their most competitive match of the season, the Blue Belles demonstrated the dedication and good sportsmanship that has been their trade mark all season.

-- Mrs A.Davis (Coach)

Scots Highlanders v. Topguns

The final game for the Highlanders was a huge challenge against the top team. Ji Hoon Shin stepped in at the last minute to give us some height -- thanks Ji.

We played quite well but too many mistakes gave the opposition the ball back again and again. Jamie Jun led the team well. Ji Woo Lee played hard and Reagen Skinner put his body on the line against much bigger players.

Best players: Jamie Jun and Reagen Skinner

Final Score: TSS 18 to Topguns 32

Well done boys and a big thank you for the season.

-- Mr Adrian Lee (Coach)

Scots Lions vs. Bathurst Livewire

A convincing win to finish off the final round of the season, the team's highest ever score. All players contributed to the scoring with passing and positional play a feature of the game. Unfortunately no training this week, but I would recommend all players to spend some time on basic skills and shooting practise.

The final score an amazing 81-7 Win!

-- Mr G. Hayward (Coach)

Scots Terriers vs. Silver Miners

A very tight and hard fought match which was even throughout most of the first half. The opposition gained a ten point lead by the end of the first half and increased that early in the second period. The Terriers' defence for the final ten minutes was extremely tight and forced a number of turnovers.

A feature of this period was the team's ability to hold the Silver Miners outside the 3 point line and deny them the ability to shoot.

This Friday is a rematch for the semi-final game which should be another close game.

Final score: a 46-25 loss.

-- Mr Geoff Hayward (Coach)



The Highland Gathering is only 5 days away! Sunday 29th March

To make this day a success for the P&F and the School we need your assistance and support.

Volunteers are needed to help on stalls:

Gardening Stall

Preloved Stall

Coffee Shop

Front Gate

Rides

Treasure Hunt/Lucky Dip

Parking

Food Stalls

If you can help out please call Gillian Shannon- 63312340
or e-mail skags@aapt.net.au

**OR IF YOU WISH TO VOLUNTEER ON THE DAY, COME
TO THE TREASURY ON THE LOWER FLOOR OF BULKELEY**

“Muscles” are also needed on Saturday morning at 9am to help erect marquees and stalls. The more helpers we have the easier it is and the faster it will be completed. Boarders, Day Students and Dads- show us what the Gym has done for you! Make it a competition, can students put up a marquee quicker and better than the dads?

There may be a prize!

A representative from the Highland Gathering committee will be at the front of the school on Wednesday, Thursday and Friday from 8.30am-9am and then again at 3.20- 4.30pm if you would like to see them about helping out, pre-purchasing ride bands, leaving donations or collecting corn for de husking.

All donations to the Front Office during office hours. Donations can also be left at Aikman Hall on Saturday or the stalls involved on Sunday.